



STANFORD MEDIA RELATIONS

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NCAA Qualifiers

Ian Dobson, 10,000 meters	28:39.55
Louis Luchini, 10,000 meters	28:41.13
Adam Tenforde, 10,000 meters	28:43.18

NCAA West Regional Qualifiers

	Times/Marks
Undine Becker, 400 meter hurdles	60.31
Sara Bei, 1,500 meters	4:20.88
Sara Bei, 5,000 meters	16:03.08
Leila Ben-Youssef, pole vault	12-11 3/4 (3.96m)
Lillian Bush, heptathlon	5,129 points
Lillian Bush, 100m hurdles	14.05
Jill Camarena, discus	170-6 (51.96m)
Jill Camarena, shot put	55-7 (16.94m)
Donielle Colich, discus	176-6 (53.79m)
Alicia Craig, 5,000 meters	15:25.75
Gerren Crochet, 110m hurdles	52.63
Kitty Currier, discus	161-9 (49.30m)
Neil Davis, 5,000 meters	14:16.93
Ian Dobson, 10,000 meters	28:39.55
Kathleen Donoghue, pole vault	12-11 3/4 (3.96m)
Malindi Elmore, 800 meters	2:09.86
Malindi Elmore, 1,500 meters	4:17.15
Chris Emme, 5,000 meters	14:14.55
Lauren Fleshman, 5,000 meters	15:23.94
Evan Fox, 800 meters	1:50.94
Evan Fox, 1,500 meters	3:44.34
Jason Goff, javelin	201-6 (61.41m)
Jeane Goff, 1,500 meters	4:26.31
Jeane Goff, 3,000m steeplechase	10:24.32
Jeane Goff, 5,000 meters	16:55.28
Isaac Hawkins, 5,000 meters	14:22.88
Sarah Hopping, hammer	184-1 (56.12m)
Katie Hotchkiss, 1,500 meters	4:23.34
Omer Inan, discus	194-0 (59.13m)
Lindsey Johnson, 100m hurdles	13.61
Lindsey Johnson, 400m hurdles	58.84
Nashonme Johnson, 100 meters	11.80
Nashonme Johnson, 400 meters	54.61
Jennifer Lee, javelin	142-4 (43.39m)
Milton Little, long jump	25-11 (7.90m)
Steve Loughlin, 1,500 meters	3:45.03
Steve Loughlin, 5,000 meters	14:08.13
Louis Luchini, 5,000 meters	13:31.80
Louis Luchini, 10,000 meters	28:41.13
Erin Merriman, javelin	144-8 (44.09m)
Molly Meyer, discus	167-2 (50.96m)
Ashley Purnell, 200 meters	23.88
Jessica Pluth, hammer	189-6 (57.76m)
Grant Robison, 1,500 meters	3:43.07
Justin Romaniuk, 800 meters	1:50.79
Samantha Shepard, pole vault	13-0 3/4 (3.98m)
Robert Smitson, 5,000 meters	14:15.26
Kim Stone, high jump	5-10 3/4 (1.80m)
Adam Tenforde, 5,000 meters	14:06.27

For Immediate Release: Monday, April 28, 2003 The Stanford Track & Field Report Cardinal Hosts California in 109th Big Meet

Big Meet Bio

The 109th meeting between Stanford and California in the Big Meet is slated for Saturday, May 3, at Cobb Track & Angell Field ... The field events will start at 3:50 p.m. and the running events will start at 5:00 p.m. ... The meet will conclude with the men's 1,600 meter relay at 8:30 p.m. ... California's men's team leads the series against Stanford, 63-43-2, but the Cardinal has won the last two meets ... In 2001 at Stanford, the Cardinal scored a 82-81 decision, and in 2002, Stanford scored a decisive 94-69 verdict at Berkeley ... The Stanford-California women will be meeting for the 24th time with Stanford leading the series, 13-10 ... Stanford has won the last two meets, a 101.5 to 60.5 decision at Stanford two years, and a 101-62 verdict at Berkeley last year ... For the men, this series dates back to 1893, while the women started competing in the Big Meet in 1980.

Scoring Stats

The individual events for the Big Meet will be scored five points for first place, three points for second place, and one point for third place ... The relays will be scored five points for first place, no points for second place.

Record Review

Six records were broken at last year's Big Meet at Berkeley ... Stanford's **Grant Robison** ran 3:42.14 in the 1,500 meters, while Cal's **Bubba McLean** set a new mark in the pole vault (18-0 1/2, 5.50m), **Joe Berro** of Cal in the javelin (220-2, 67.11m), Stanford's **Laura Turner** in the 3,000 meter steeplechase (10:13.47), **Jennifer Joyce** of Cal in the hammer (214-0, 65.23m) and Stanford's **Kathleen Donoghue** in the pole vault (13-5 1/4 (4.10m) ... The oldest men's Big Meet record is held by **Ernie Cunliffe** who ran a 1:47.7 in the 800 meters in 1960 ... The oldest women's Big Meet record is held by **Marian Franklin** who ran a 53.4 in the 400 meters in 1980 ... **Chris Huffins**, Cal's first-year head coach, holds the Big Meet record in the long jump (26-1 1/2, 7.96m) in 1991.

Big Meet Barometer

Several races and field events promise to be interesting ... In the men's 100 meters, Stanford's **Milton Little** has run 10.61 compared to **Ricci Dula** of Cal at 10.62 ... Also look for strong performances from **Toby Atawo** of Cal at 10.73, and Stanford's **Nick Sebes** at 10.78 ... **Atawo** has one of the top conference times in the 200 meters at 21.26 while **Little** checks in at 21.34 ... In the 3,000 meter steeplechase, **Kevin Davis** of Cal has run 9:06.16 while Stanford's **Sean Knapp** has run 9:07.89 ... In the 110 meter hurdles, **Tim Bogdanof** of Cal has the league's sixth-

NCAA West Regional Qualifiers	Times/Marks
Adam Tenforde, 10,000 meters	28:43.18
Solomon Welch, triple jump	49-3 1/2 (15.02m)
Neil Welihozkiy, hammer	214-4 (65.33m)
Justin Williams, 100m hurdles	14.28
Men's 400 meter relay	40.15
Women's 400 meter relay	45.61
Men's 1,600 meter relay	3:07.77
Women's 1,600 meter relay	3:34.82

Pac-10 Qualifiers	Times/Marks
Jakki Bailey, 200 meters	24.13
Chauntae Bayne, 100 meters	11.92
Chauntae Bayne, 200 meters	24.24
Undine Becker, 100m hurdles	14.14
Undine Becker, 400m hurdles	60.31
Undine Becker, long jump	19-4 (5.89m)
Sara Bei, 1,500 meters	4:20.88
Sara Bei, 5,000 meters	16:03.08
Leila Ben-Yousef, pole vault	12-11 3/4 (3.96m)
Lillian Bush, heptathlon	5,129 points
Lillian Bush, 100m hurdles	14.05
Jill Camarena, discus	170-6 (51.96m)
Jill Camarena, shot put	55-7 (16.94m)
Kristin Cohoon, 5,000 meters	17:08.07
Donielle Colich, hammer	176-6 (53.79m)
Alicia Craig, 5,000 meters	15:25.75
Gerren Crochet, 400m hurdles	52.63
Kitty Currier, discus	161-9 (49.30m)
Neil Davis, 5,000 meters	14:16.93
Ian Dobson, 5,000 meters	13:52.29
Ian Dobson, 10,000 meters	28:39.55
Kathleen Donoghue, pole vault	12-11 3/4 (3.96m)
Malindi Elmore, 800 meters	2:09.86
Malindi Elmore, 1,500 meters	4:17.15
Chris Emme, 5,000 meters	14:14.55
Lauren Fleshman, 5,000 meters	15:23.94
Evan Fox, 800 meters	1:50.94
Evan Fox, 1,500 meters	3:44.34
Jason Goff, javelin	201-6 (61.41m)
Jeane Goff, 1,500 meters	4:26.31
Jeane Goff, 3,000m steeplechase	10:24.32
Jeane Goff, 5,000 meters	16:55.28
Brett Gotcher, 5,000 meters	14:24.80
Isaac Hawkins, 5000 meters	14:22.88
Seth Hejny, 5,000 meters	14:23.86
Ahimsa Hodari, heptathlon	4,836 points
Sarah Hopping, discus	184-1 (56.12m)
Katie Hotchkiss, 800 meters	2:08.53
Katie Hotchkiss, 1,500 meters	4:23.34
Lindsay Hyatt, 1,500 meters	4:32.06
Omer Inan, discus	194-0 (59.13m)
Lindsey Johnson, 100m hurdles	13.56wa
Lindsey Johnson, 400m hurdles	58.84
Nashonme Johnson, 100 meters	11.80
Nashonme Johnson, 200 meters	23.84wa
Nashonme Johnson, 400 meters	54.61
Sean Knapp, 3000m steeplechase	9:07.89
Jennifer Lee, javelin	142-4 (43.39m)
Milton Little, 100 meters	10.61
Milton Little, 200 meters	21.34
Milton Little, long jump	25-11 (7.90m)

best time at 14.05 while Stanford's **Justin Williams** has run 14.28 ... In the 400 meter relay, Stanford has the league's third-best time at 40.15, while Cal is fifth at 40.56 ... The field events will offer strong competition, including the discus where Stanford's **Omer Inan** has a season-best 194-0 (59.13m) while Cal's **Tony Miranda** has a season-best of 183-10 ... The Big Meet for women should also provide top times and marks ... **Lache Bailey** of Cal and **Katie Hotchkiss** of Stanford are 5-6 in the conference in the 800 meters at 2:08.48 and 2:08.53i, respectively ... In the 3,000 meter steeplechase, **Jeane Goff** of Stanford has the Pac-10's best time at 10:24.32, while Cal's **Abby Parker** is fourth at 10:50.42 ... Stanford's **Lindsey Johnson** and **Deanna Slaton** of Cal are 1-2 in the 400 meter hurdles at 58.84 and 59.37, respectively.

Cardinal Corner

Stanford has the top three times in the 1,500 meters with **Grant Robison (3:43.07)**, **Evan Fox (3:44.34)** and **Steve Loughlin (3:45.03)** ... **Louis Luchini** and **Ian Dobson** are 1-3 in the conference in the 5,000 meters at 13:31.80 and 13:52.29, respectively ... The Cardinal ranks 1-2-3 in the 10,000 meters with **Dobson (28:39.55)**, **Luchini (28:41.13)** and **Adam Tenforde (28:43.18)** ... **Milton Little**, the 2002 Pac-10 long jump champion, is #2 in the conference at 25-11 (7.90m) ... **Nick Welihozkiy** is #2 in the hammer (214-4, 65.33m) ... **Omer Inan** has thrown the discus 194-0 (59.13m), #3 in the Pac-10 ... On the women's side, **Malindi Elmore** has the Pac-10's best time (4:17.15) in the 1,500 meters ... **Jeane Goff** is #1 in the 3,000 meter steeplechase (10:24.32), while **Lauren Fleshman** and **Alicia Craig** are 1-2 in the 5,000 meters at 15:23.94 and 15:25.75, respectively ... **Jill Camarena** is first in the conference in the shot put (55-10 1/2, 17.03m).

Bear Bits

California has several athletes ranked among the leaders in the Pac-10 ... **Teak Wilburn** has high jumped 7-3 1/4 (2.22m) to rank first in the Pac-10 ... **Bruce Giron** has jumped 50-1 1/4 indoors in the triple jump ... **Rhuben Williams** has the Pac-10's fifth-best mark in the shot put (59-8 1/2) and is seventh in the hammer (195-0, 59.44m) ... **Joe Berro** has the league's second-best mark in the javelin at 201-6 (61.41m) ... **Deanna Slaton** is #2 in the Pac-10 in the 400 meter hurdles (59.37) ... **Abby Parker** is fourth in the Pac-10 in the 3,000 meter steeplechase (10:50.42).

Track Time

Several Stanford seniors will be competing in their final Big Meet on Saturday (5/3/03), including long jumper **Milton Little** ... **Little** has played a pivotal role in Stanford's victories the last two seasons against California ... Two years ago, **Little** finished second in the triple jump to give Stanford a 82-81 victory over the Golden Bears ... Last year, **Little** scored 14 individual points in winning the long jump, the 200 meters, second in the 100 meters and third in the triple jump ... **Little's** efforts helped produce the most number of points for a Cardinal men's team over California since 1933 when Stanford scored a 95-36 win ... The 25-point victory margin was the largest margin of victory since a 87-58 decision in 1965 ... It was also

Pac-10 Qualifiers	Times/Marks
Steve Loughlin, 1,500 meters	3:45.03
Steve Loughlin, 5,000 meters	14:08.13
Louis Luchini, 5,000 meters	13:31.80
Louis Luchini, 10,000 meters	28:41.13
Russ Martin, 5,000 meters	14:28.87
Erin Merriman, javelin	144-8 (44.09m)
Molly Meyer, discus	167-2 (50.96m)
Christine Moschella, 200 meters	24.34
Christine Moschella, 400 meters	54.94
Chinny Offor, 400 meters	55.06
Jessica Pluth, hammer	189-6 (57.76m)
Ashley Purnell, 200 meters	23.88
Grant Robison, 1,500 meters	3:43.07
Justin Romaniuk, 800 meters	1:50.79
Nick Sebes, 400 meters	47.56
Samantha Shepard, pole vault	13-0 3/4 (3.98m)
Anita Siraki, 5,000 meters	17:24.57
Robert Smitson, 5,000 meters	14:15.26
Kim Stone, high jump	5-10 3/4 (1.80m)
Erin Sullivan, 5,000 meters	17:09.60
Adam Tenforde, 5,000 meters	14:06.27
Adam Tenforde, 10,000 meters	28:43.18
Solomon Welch, triple jump	49-3 1/2 (15.02m)
Nick Welihozkiy, hammer	214-4 (65.33m)
Philip West, 5,000 meters	14:34.62
Justin Williams, 110m hurdles	14.28
Tim Wusu, decathlon	6,979 points
Tim Wusu, long jump	23-11 1/2 (7.30m)
Men's 400 meter relay	40.15
Women's 400 meter relay	45.61
Men's 1,600 meter relay	3:07.77
Women's 1,600 meter relay	3:34.82
School Records	Times/Marks
Lauren Fleshman, 5,000 meters	15:23.94
Lindsey Johnson, 100m hurdles	13.61
Women's 1,600 meter relay	3:34.82
Undine Becker, Nashonme Johnson, Christine Moschella, Chauntae Bayne	
Women's DMR	11:03.59
Malindi Elmore, Chinny Offor, Katie Hotchkiss, Lauren Fleshman	
Freshman Records	Times/Marks
Alicia Craig, 5,000 meters	15:25.75
Nashonme Johnson, 400 meters	54.61
Samantha Shepard, pole vault	13-0 3/4 (3.98m)

the first time since 1966 that Stanford had beaten Cal on their home (Edwards Stadium/Goldman Field).

Peak Performance

Numerous Stanford athletes have qualified for the NCAA West Regionals on May 30-31 at Cobb Track & Angell Field ... Forty-one athletes and four relay teams have qualified for regional competition ... Fifty-seven athletes have met the qualifying standards for the Pac-10 Championships which will be held May 17-18 at USC.

Record Review

Four school records and three freshman school marks have been broken thus far this year ... **Lauren Fleshman** ran a 15:23.94 at the Mt. Sac Relays (4/17/03) to beat **PattiSue Plumer's** time of 15:29.00 set in 1984 ... **Fleshman's** time is the best time for a collegiate runner this year, and third-best all-time for an American runner ... **Lindsey Johnson** ran a 13.61 at the Stanford Invitational (3/29/03) to shatter the old mark of 13.79 by **Bernadette Armand** in 1997 and 1998 ... The 1,600 meter relay team (**Undine Becker, Nashonme Johnson, Christine Moschella, Chauntae Bayne**) set a new standard by being timed in 3:34.82 ... The old time was 3:41.27 set in 1995 ... The women's distance medley relay team of **Malindi Elmore, Chinny Offor, Katie Hotchkiss** and **Lauren Fleshman** ran a 11:03.59 to win at the Drake Relays (4/25/03) ... The old distance medley relay time was 11:06.23, set in 2000 ... **Alicia Craig** set a new freshman record in the 5,000 meters with a time of 15:25.75 at the Mt. SAC Relays (4/17/03) ... **Craig's** time is second-best overall at Stanford ... **Samantha Shepard** established a new freshman record in the pole vault with a leap of 13-0 3/4 (3.98m) ... The old mark was 13-0 1/4 (3.97m) by **Kathleen Donoghue** in 2000 ... **Nashonme Johnson** set a freshman school record with a time of 54.61 in the 400 meters ... The old record was 54.95 by **Jayna Smith** in 1997.

Fleshman Facts

Lauren Fleshman, the two-time NCAA champion in the 5,000 meters, broke the Pac-10 record in winning the 5,000 meters at the Mt. SAC Relays (4/17/03) ... **Fleshman's** time of 15:23.94 easily broke the previous conference record time of 15:34.55 by **Annette Hand** of Oregon in 1988 ... **Fleshman's** time was third-best all-time for an American runner in the 5,000 meters ... **Fleshman's** time was a school record and broke the previous time of 15:29.0 by **PattiSue Plumer** in 1984 ... **Fleshman** is the two-time NCAA champion (2001, 2002) in the 5,000 meters ... **Fleshman** was the 2002 Pac-10 champion in the 5,000 meters.

Hotchkiss Hoopla

She hasn't received the attention of some of the more higher profile distance runners, but **Katie Hotchkiss** has enjoyed an outstanding 2003 outdoor season for the Cardinal ... **Hotchkiss**, a junior from Fremont, recently ran on three winning relay teams at the Drake Relays ... **Hotchkiss** ran the second leg on the winning 4 x 800 meter relay team which was timed in 8:36.70, the best time in the world this year ... **Hotchkiss** ran the third leg on the winning distance medley relay team which

broke the school and meet record at 11:03.59 ... **Hotchkiss** ran the second leg on the winning 4 x 1 mile relay team ... **Hotchkiss** has run a NCAA West Regional Qualifying time of 4:23.34, and a Pac-10 qualifying time of 2:08.53.

Drake Dialogue

Stanford's distance running team proved to be the stars of the prestigious Drake Relays ... The Cardinal produced winners in five of six events entered ... Stanford's women's team chalked victories in the 4 x 800 meter relay, the distance medley relay, and the 4 x 1 mile relay ... Stanford's time of 8:36.70 in the 4 x 800 meter relay is the best time in the world this year ... **Katie Hotchkiss** ran legs on all three Cardinal winning teams ... The Cardinal men's 4 x 1 mile relay team produced the best time in the world this year at 16:31.19 ... **Milton Little**, the 2002 Pac-10 champion, won the long jump (25-9 1/2, 7.86m) while **Sara Bei** won the 1,500 meters (4:20.88).

TV Time

The Stanford-California dual meet (The Big Meet) will be held on May 3, and the event will be televised on College Sports Television ... CSTV is dedicated to offering the widest variety of athletic competition of 1,200 universities and colleges across all of the major conferences at every level of college sports ... College Sports Television can be viewed only on Direct TV.

Regional Roundup

Stanford's Cobb Track & Angell Field will be the site of the NCAA West Regionals on May 30-31 ... This year, the qualifying standards for the 2003 NCAA Track & Field Championships have been changed ... The NCAA will use Regional Championship meets to determine qualifying for the national meet ... The top five finishers in each individual event, and top three relay teams from each of the four regionals nationwide will earn a berth to the NCAA Nationals at Sacramento State ... The NCAA will then round out the Championships field by selecting the highest-ranking individuals (approximately six per individual event and five per relay) from the national collegiate performance lists, provided those athletes competed at their respective Regional meets and were not among the finishers to earn automatic NCAA berths ... The long exception to the Regional qualifying system will be the 10,000 meters and multi-events, which will not be subject to Regional competition ... Athletes will continue to qualify for the NCAA Championships in those events as they have in the past, by meeting pre-determined provisional and automatic qualifying standards.